# Dynamics of disordered states in the Bose-Hubbard model with confinement 

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#### Abstract

Observations of center-of-mass dynamics offer a straightforward method to identify strongly interacting quantum phases of atoms placed in optical lattices. We theoretically study the dynamics of states derived from the disordered Bose-Hubbard model in a trapping potential. We find that the edge states in the trap allow center-of-mass motion even with insulating states in the center. We identify short- and long-time-scale mechanisms for edge-state transport in insulating phases. We also argue that the center-of-mass velocity can aid in identifying a Bose-glass phase. Our zero-temperature results offer important insights into mechanisms of transport of atoms in trapped optical lattices while putting bounds on center-of-mass dynamics expected at nonzero temperature.


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## I. INTRODUCTION

Ultracold atomic and molecular gases placed in optical lattices realize strongly correlated states of matter captured by Hubbard models [1-4]. Hubbard models are known to support fundamentally important states that serve as paradigms for understanding quantum collective behavior in solids. New methods to observe and study these collective phases in optical lattices have been invented to better probe interesting quantum behavior. Example diagnostics include Bragg spectroscopy [5,6] (applied recently to measure [7] local antiferromagnetic spin correlations [8-10]), noise spectroscopy [11-13], and center-of-mass transport.

Center-of-mass transport experiments in optical lattices are often used to probe response in direct analogy to transport in solids. In optical lattice transport the center of mass is shifted, and the dynamics is observed using time of flight. Transport studies of bosonic atoms in optical lattices have been used to study superfluid and Mott insulating states, states of the Bose-Hubbard model [14-24]. When the system is in a superfluid state, it oscillates within the trapping potential. The Mott insulator shows, by contrast, essentially no dynamics for very strong interactions. More recently, disorder has been implemented [21,23-39] to further probe glassy states expected from a competition between strong disorder and interparticle interactions. In the experiments of Ref. [24] it was argued that the suppression of center-of-mass transport indicated the presence of a Bose glass, a state of the Bose-Hubbard phase diagram induced by disorder.

Optical lattice transport experiments have fundamental and crucial differences from solid-state transport. Particles in optical lattices are, to a good approximation, isolated systems. The absence of a heat bath prevents direct thermalization. Thermalization of initial states occurs via interparticle interactions [40]. The system can therefore be slow to thermalize during transport because there is no external bath. Furthermore, the absence of lattice phonons avoids conventional assumptions of dephasing often invoked in solids. Other thermal effects are also very different. For example, the absence of a particle number bath prevents transport via variable-range hopping. But the most pronounced differences arise from strong trapping. In optical lattice experiments the response of the center of mass must be understood in the
context of a parabolic trapping potential which mixes phases in the trap and leads to edge states [1,3,41].

In this work we study the dynamics of bosons in a disordered Bose-Hubbard model in the presence of a trap. We seek to identify the precise mechanisms of transport in a trap and correlate the response with known phases. We will include disorder to study the dynamic response of the following phases to an external field: a disordered superfluid, a Bose glass, and a disordered Mott insulator (as in Ref. [42] but in the presence of confinement). We will also focus entirely on the zero-temperature response to identify purely quantum transport effects that should underpin low-temperature experiments.

We find that the insulating states (Bose glass and Mott insulator) have center-of-mass motion that is dominated by edge effects. Our simulations show that when the center of the system is in an insulating phase, it remains motionless under a trap shift, while the edge states move, and therefore, so does the center of mass. Figure 1 shows a schematic depicting the distinct mechanisms of transport that we find. The left panel depicts what we find at short times (with respect to the single-particle intersite tunneling time scale). Here we find that the edge states surrounding an insulator quickly move and dominate the center-of-mass motion.

But at long times we find that disordered insulating states drift slowly (the center of mass moves only a site or two for times on the order of 100 times the intersite tunneling). The insulating states reach a terminal velocity that does not change with the applied field. This is contradictory to the conventional Drude-type picture of particle motion. We instead propose a two-stage process in which slow tunneling into edge states (right panel of Fig. 1) slowly moves the center of mass while leaving the central insulator motionless.

Our results reveal mechanisms for center-of-mass transport. The presence of a trap leads to edge states. The edge states are responsible for the motion of the center of mass via two distinct mechanisms, one at short times and one at long times. These mechanisms also differ from conventional pictures of bulk transport in solids where an applied field leads to an average drift of all particles. Our results establish a basis for interpreting measurements of center-of-mass dynamics of atoms trapped in optical lattices.


FIG. 1. Schematic showing two distinct mechanisms for center-of-mass dynamics after an initial shift of the trapping potential to the left. The center of the system is in an insulating phase (either the Mott insulator or the Bose glass), but the edges are superfluid. Left: We find that initially (on times scales shorter than the intersite tunneling), the edge superfluid quickly moves around the insulator to the left to redistribute the total center of mass. Right: We find that (on time scales much larger than the intersite tunneling) a two-stage process shifts the center of mass. First, particles slowly tunnel out of the central insulator into the edges (vertical arrows). Then the particles quickly move to the left along the edge to redistribute the center of mass.

## II. MODEL

Ongoing optical lattice experiments containing bosonic alkali atoms are accurately captured by the Bose-Hubbard model [1]. Controlled disorder, applied through speckle laser light or incommensuration [3], can significantly alter the phase diagram and therefore impact transport. Transport experiments [24] can be understood from an interplay of temperature, disorder, trapping, and interactions [43]. In this work we study zero-temperature effects to focus on just disorder, trapping, and interactions.

We study the dynamics of states of the disordered BoseHubbard model to assess transport properties in a parabolic trapping potential. The Bose-Hubbard Hamiltonian is given by

$$
\begin{equation*}
H=-t \sum_{\langle i, j\rangle} b_{i}^{\dagger} b_{j}+\frac{U}{2} \sum_{i} \hat{n}_{i}\left(\hat{n}_{i}-1\right)+\sum_{i} \mu_{i} \hat{n}_{i} \tag{1}
\end{equation*}
$$

where $b_{i}^{\dagger}$ creates a boson at the site at lattice position $\mathbf{R}_{i}$ and $\hat{n}_{i}=b_{i}^{\dagger} b_{i}$ is the number operator. Here $\langle i, j\rangle$ denotes summation over nearest-neighbor sites; $t$ is the single-particle nearest-neighbor tunneling amplitude, and $U$ is the on-site repulsive interaction energy. The spatially inhomogeneous chemical potential is

$$
\begin{equation*}
\mu_{i}=-\mu+\Omega\left|\mathbf{R}_{i}-\mathbf{R}_{0}(\tau)\right|^{2}+\epsilon_{i} \tag{2}
\end{equation*}
$$

where the central chemical potential $\mu$ tunes the average density. $\Omega$ is the strength of the harmonic trapping potential, and $\left|\mathbf{R}_{i}-\mathbf{R}_{0}(\tau)\right|$ defines the distance between a site $i$ and the trap center $\mathbf{R}_{0}(\tau)$. We work on a two-dimensional square of side lengths $L=L_{x}=L_{y}$. We choose $L$ so that the density for edge sites vanishes for all trap frequencies used. Distances are measured in units of the lattice spacing $a$. The trap center is a function of time $\tau$ and, in what follows, will be immediately shifted along the negative $x$ direction a distance $\Delta R_{0}$ to induce
particle number flow at $\tau>0$. The total pulse sequence is then $\mathbf{R}_{0}(\tau)=0$ for $\tau \leqslant 0$ and $\mathbf{R}_{0}(\tau)=-\left|\Delta R_{0}\right| \hat{x}$ for $\tau>0$. By expanding the squared term in $\mu_{i}$ we see that the trap shift can be thought of as an applied linear potential: $\sim 2 \Omega \mathbf{R}_{i} \cdot \hat{x}\left(\Delta R_{0}\right)$.

Here $\epsilon_{i}$ denotes a random energy shift at the $i$ th site. In our study, the disorder is uniformly distributed with $\epsilon_{i} \in\{-\Delta, \Delta\}$. Specifically, we use the box probability distribution function:

$$
\begin{equation*}
P(\epsilon)=\frac{\Theta(\Delta-|\epsilon|)}{2 \Delta} \tag{3}
\end{equation*}
$$

where $\Delta$ is the strength of the disorder and $\Theta$ is the Heaviside step function.

To study the dynamics we use a stochastic mean-field decoupling performed using variational wave functions: the time-dependent Gutzwiller ansatz [44-46]. The ansatz yields wave functions whose static expectation values agree very well with quantum Monte Carlo away from phase boundaries in two dimensions in three dimensions (see, e.g., Refs. [47,48]). The wave function at time $\tau$ is assumed to be in the product form:

$$
\begin{equation*}
\left|\Psi_{\mathrm{GW}}(\tau)\right\rangle=\prod_{i}\left[\sum_{n=0}^{\infty} f_{n}^{(i)}(\tau)|n\rangle_{i}\right] \tag{4}
\end{equation*}
$$

where $f_{n}^{(i)}(\tau)$ is the complex amplitude to find $n$ atoms on lattice site $i$ at time $\tau$.

The initial state can be found using the variational theorem. We first assume a random initial guess for all of the $f$ 's. We then minimize the energy of $H$ by varying all $f$ 's using a conjugate-gradient method. We find that keeping the parameters $f_{n}$ for $n \leqslant 4$ is sufficient for the regime studied here. Once the wave function is found, all initial-state correlation functions can be computed.

We propagate the initial-state wave function in time using the equations of motion consistent with the Gutzwiller ansatz. The equations of motion for $f_{n}^{(i)}$ are [45]

$$
\begin{align*}
i \hbar \partial_{\tau} f_{n}^{(i)}= & {\left[\frac{U}{2} n(n-1)+n \mu_{i}\right] f_{n}^{(i)} } \\
& -t \sum_{\langle i, j\rangle}\left(\psi_{j}^{*} \sqrt{n+1} f_{n+1}^{(i)}+\psi_{j} \sqrt{n} f_{n-1}^{(i)}\right) \tag{5}
\end{align*}
$$

where $\psi_{j}=\left\langle b_{j}\right\rangle=\sum_{n} \sqrt{n} f_{n-1}^{(j) *} f_{n}^{(j)}$ is the mean-field superfluid order parameter. We numerically solve this set of coupled first-order differential equations using the adaptive step-size Runge-Kutta method. This allows access to all correlation functions as a function of time.

The center-of-mass position and velocity are key observables often used in experiments to reveal insulating behavior. We compute the total center-of-mass position along the $x$ direction and the center-of-mass velocity as a function of time:

$$
\begin{align*}
X_{\mathrm{CM}}(\tau) & =\frac{1}{N} \sum_{i}\left\langle\left\langle\hat{n}_{i}\right\rangle\right\rangle_{\tau}\left[\hat{x} \cdot \mathbf{R}_{i}\right] \\
V_{\mathrm{CM}}(\tau) & =\dot{X}_{\mathrm{CM}}(\tau) \tag{6}
\end{align*}
$$

Here $N$ is the number of particles, and $\langle\langle\cdots\rangle\rangle_{\tau}$ indicates the disorder average of quantum state averages with respect to $\left|\Psi_{\mathrm{GW}}(\tau)\right\rangle$. We find that disorder averaging with 1000 configurations is sufficient to obtain convergence.


FIG. 2. Schematic mean-field phase diagram of the disordered Bose-Hubbard model [Eq. (1)] in the absence of a trap, $\Omega=0$. The black regions indicate the incompressible Mott insulators found at integer densities. The gray regions indicate the compressible Bose glass that separates the Mott from the superfluid. The three vertical arrows depict how the trapping potential lowers the local chemical potential as we move from the center of the system (top of the arrow) to the edge (bottom of the arrow). The three arrows represent regimes studied here, where the center of the system contains a disordered Mott insulator (left), Bose glass (center), and disordered superfluid (right).

## III. STATIC PROPERTIES

In this section we review the static properties of the disordered Bose-Hubbard model at zero temperature. The schematic mean-field phase diagram [49] reproduced by the Gutzwiller ansatz [50] is depicted in Fig. 2. Here we see that the Mott insulator is separated from the superfluid by an intermediate Bose glass. The Mott insulator occurs at integer filling and is incompressible. It has zero condensate fraction. The Bose glass is compressible but has a nonzero local condensate fraction due to superfluid puddles embedded in an insulating background. The superfluid is characterized by nonzero stiffness [51] and compressibility.

The trapping potential lowers the chemical potential in moving from the center to the edge of the trap. The trap can (at a mean-field level) be thought of as sweeping the chemical potential vertically through the phase diagram. The vertical arrows in Fig. 2 depict the three regimes of the trapped disordered Bose-Hubbard model studied in this work. The left, middle, and right arrows indicate parameters such that the central region of the trap (the top of the arrow) hosts a disordered Mott insulator, Bose glass, and disordered superfluid, respectively. Due to the inhomogeneous trapping potential, the superfluid and Bose glass coexist in the edge of the trap in all three regimes.

To characterize the phases in the trap we compute local correlation functions. Figures 3(a)-3(c) plot the local density as a function of distance from the trap center. The density qualitatively reveals the location on the phase diagram, with $\langle\hat{n}\rangle \approx 1$ indicating the Mott insulator. The local-density


FIG. 3. (a)-(c) plot the disorder-averaged local density in the initial state as a function of distance from the center of the trap. (a) and (c) have a superfluid and Mott insulator in the trap center, respectively. (b) is in an intermediate regime. Model parameters are chosen to be disorder strength $\Delta=0.3 U$, trap strength $\Omega=0.02 U$, and central chemical potential $\mu=0.5 U$. (d)-(f) plot the same but for the disorder-averaged local-density fluctuations in the initial state. The density fluctuations in (e) and (f) show the edge superfluid. (g)-(i) plot the disorder-averaged local superfluid order parameter in the initial state. Error bars result from disorder averaging.
fluctuations

$$
\begin{equation*}
\left\langle\Delta n_{i}^{2}\right\rangle \equiv\left\langle\hat{n}_{i}^{2}\right\rangle-\left\langle\hat{n}_{i}\right\rangle^{2} \tag{7}
\end{equation*}
$$

capture the local compressibility since $\left\langle\Delta n_{i}^{2}\right\rangle \propto \kappa_{i} k_{B} T$, where $T$ is temperature and local compressibility is $\kappa_{i}=\partial\left\langle\hat{n}_{i}\right\rangle / \partial \mu$. Figures 3(d)-3(f) plot the density fluctuations as a function of distance from the trap center. The sharp increase in the fluctuations at the edge [in Figs. 3(e) and 3(f)] indicate compressible edge states. We have also used the local superfluid order parameter [in Figs. 3(g)-3(i)] and other correlation functions to identify the location on the phase diagram.

## IV. CENTER-OF-MASS DYNAMICS

This section presents our primary results by correlating center-of-mass dynamics with phases in the center of the trap. We find that even with moderately strong disorder, the superfluid phase oscillates. Strong interaction significantly damps superfluid motion. But when the center of the trap enters the Bose-glass and Mott phases, the center-of-mass dynamics slows considerably. By computing the density in the lattice we find that the center of the system fails to move. Here the dynamics is dominated by flow along the edges.

## A. Superfluid dynamics

We start with the center-of-mass dynamics of the superfluid (see the right vertical arrow in Fig. 2). Figures 4(a)-4(c) show damped oscillations of the superfluid in the presence of disorder. For large interaction strengths the superfluid quickly relaxes to sit at the trap center [Fig. 4(c)]. Here the interplay of interactions and disorder dephases the initial state to effectively relax the system to the ground state of the new trap position.


FIG. 4. The disorder-averaged center-of-mass position along the $x$ direction plotted as a function of time for various interaction strengths $U$. The trap shift is chosen to be $\Delta R_{0}=a$, and other model parameters are the same as in Fig. 3. (a)-(c) are initially in the disordered superfluid state. In (d) the center of the system is initially in the Bose-glass state, whereas (f) is initially in the Mott state. The inset in (d) shows the short-time behavior. (e) is initially in an intermediate state. In (d)-(f), the center of mass has a nearly constant velocity for $\tau \gg \hbar / t$.

This is in contrast to the motion of a noninteracting condensate in a trap where revival occurs at the time scale of inverse trap frequency $[52,53]$. Figure 5 plots the local density at three different times to demonstrate the center-of-mass oscillations of the superfluid.

## B. Short-time insulator dynamics

We now turn to the center-of-mass trap dynamics in regimes where either the Bose glass or Mott insulator lies in the center of the trap (see the left two vertical arrows in Fig. 2). The state propagated in Fig. 4(d) has a Bose glass in the center, while Fig. 4(f) has a Mott insulator. Figure 4(e) shows an intermediate regime on the border of the Mott-Bose-glass transition. On short time scales, the Bose-glass and Mott states should display insulating behavior because they are both locally gapped.

Figures 4(d)-4(f) show two distinct regimes: short times ( $\tau \lesssim \hbar / t$ ) and long times ( $\tau \gg \hbar / t$ ). At short times the center of mass quickly slips to a new value. Here the initial slip is most prominent in the Bose-glass regime [Fig. 4(d)]. The next section will discuss the long-time dynamics.

To study the motion of the particles with an insulator in the center, we compute

$$
\begin{equation*}
I_{j}^{\alpha}=-i\left(\left\langle b_{j}\right\rangle^{*}\left\langle b_{j+\hat{e}_{\alpha}}\right\rangle-\left\langle b_{j+\hat{e}_{\alpha}}\right\rangle^{*}\left\langle b_{j}\right\rangle\right) \tag{8}
\end{equation*}
$$

which is the local current [54] flowing from site $j$ to site $j+\hat{e}_{\alpha}$. By plotting the local current distribution in the trap, we can see how the particles move at certain times. The left panels of Fig. 6 show the density and local current for $U=26 t$ (the Bose-glass regime) after a very short time. Here we see that at short times the density flows in a ring around the edge.

To study the response of the center-of-mass velocity under an applied field at short times, we compute the initial center-of-mass velocity

$$
\begin{equation*}
V_{\mathrm{CM}}(0) \equiv \lim _{\tau \rightarrow 0} \frac{1}{\tau} \int_{0}^{\tau} d \tau^{\prime} V_{\mathrm{CM}}\left(\tau^{\prime}\right) \tag{9}
\end{equation*}
$$

In the numerical calculation, we choose $\tau=0.2 \hbar / t$ to compute the initial velocity. Figure 7 shows that the initial center-of-mass velocity responds linearly to the applied force.

The redistribution of the initial edge density corresponds to motion of the edge superfluid at velocities consistent with the band motion of individual edge particles. The left panel of Fig. 1 depicts short-time edge flow. We verify that the times required for edge particles to move a distance on the order of the cloud size are consistent with our simulations. If we


FIG. 5. The disorder-averaged local-density deviation from the initial state, $\Delta n_{i} \equiv\left\langle\left\langle n_{i}\right\rangle\right\rangle_{\tau}-\left\langle\left\langle n_{i}\right\rangle\right\rangle_{\tau=0}$, plotted as a function of position in the $x-y$ plane for three different times. All model parameters are the same as in Fig. 4(a), where a superfluid occupies nearly the entire trap. These parameters correspond to the right arrow in the phase diagram in Fig. 2. Here we see how the superfluid as a whole oscillates in the trap even in the presence of disorder.


FIG. 6. Top: the same as Fig. 5 but for an interaction strength of $U=26 t$ [parameters in Fig. 4(d)], which corresponds to a Bose glass in the center of the trap (central arrow in Fig. 2). Bottom: the disorder-averaged local current flow with the same parameters as in the top panel. At $\tau=0.8 \hbar / t$ we see the first mechanism of transport where at short times the edge state quickly slips around the central insulator, depicted in the left panel of Fig. 1. At $\tau=8 \hbar / t$ and $80 \hbar / t$ we see a different two-step mechanism of transport, depicted in the right panel of Fig. 1 . Here the particles first slowly tunnel out of the central insulator to get pushed, in the second step, quickly along the edges. In the two right snapshots, lateral tunneling events and a shrinking of the central insulator can be seen.


FIG. 7. The disordered-averaged center-of-mass velocity at short times [Eq. (9)] and long times [Eq. (10)] plotted as a function of the trap shift for an interaction strength of $U=26 t$. For short times, the center-of-mass velocity responds linearly to the length of the trap shift. For long times, the center-of-mass velocity barely changes with the trap shift.
consider a one-dimensional approximation to the edge state, the tight-binding energy of a single particle is $-2 t \cos (k a)$, where $k$ is the lattice wave vector. The semiclassical equation of motion under an applied field is $\hbar d k / d \tau=\Delta R_{0} \Omega$. For short times, the velocity of the particle is then $2 t \Delta R_{0} \Omega \tau / \hbar^{2}$, which is linear in the applied field. The $U=26 t$ insulator extends four lattice sites in the trap with trapping potential $\Omega=0.02 U$. The total time for the edge particle to travel the length of the system under the trap shift $\Delta R_{0}=a$ is then $2.77 \hbar / t$, consistent with the result from our numerical simulations, $\approx 2.5 \hbar / t$.

Our results show that the initial dynamics of trapped insulators reflect the motion of edge states. The edge moves quickly, on time scales consistent with the motion of free particles. For short times, the center-of-mass velocity responds linearly to an applied potential. We now turn to the long-time regime.

## C. Long-time insulator dynamics

After the initial slip we find a regime of constant center-ofmass velocity at long times, $\tau \gg \hbar / t$ [Figs. 4(d)-4(f)]. A naive expectation would be that the constant velocity is established by a slow drift of the center of mass as a whole where the


FIG. 8. The disorder-averaged center-of-mass position plotted as a function of time for (a) several different trap shifts for $U=26$ and (b) several different $U$ for $\Delta R_{0}=a$. The model parameters are otherwise the same as in Fig. 3. In (a) we see that different trap shifts do not change the long-time center-of-mass velocity (the slope is nearly constant). But in (b) we see that the slope depends on $U$.
disorder strength sets a scattering rate. We find that this picture is not correct. Figure 8(a) shows that the long-time center-ofmass velocity does not change with the application of a linear potential and is therefore terminal (recall that the trap shift $\Delta R_{0}$ effectively applies a linear potential). This behavior contrasts with behavior expected from a Drude-type model of transport where the center of mass as a whole would respond linearly to a weak potential.

To better understand the mechanism behind the terminal velocity at long times we study the density as a function of time. The density in the trap plotted for several different times (the two right panels in Fig. 6) reveals a two-step process for long-time edge flow (right panel of Fig. 1). First, a particle tunnels out of the center to the edge at a rate determined by the competition between the local gap in the center and the trapping potential. In the second stage, the particle quickly moves along the edge to redistribute the center of mass. Repeated tunneling out of the center followed by flow along
the edge then results in a center-of-mass shift. Slow tunneling into the edge allows edge flow at long times and therefore dictates the time scale for center-of-mass motion.

To verify the two-step picture we construct a simple model to estimate the velocity at long times. Appendix A uses a two-site model to show that in the absence of disorder the tunneling rate out of the center depends only on the trapping frequency, tunneling, and interaction strength. The velocity in our two-site model is therefore independent of the trap shift. We also find that the velocity expected from our two-site model compares well with our simulations.

The two-step picture and our simple model do suggest that the center-of-mass velocity should depend on $U$. Figure 8(b) shows that the long-time center-of-mass velocity varies with $U$. Here stronger $U$ suppresses tunneling out of the bulk because the trap must compensate with high-edge energies to confine the system. We have checked that the $U$ dependence of the two-site model is consistent with our simulation.

We now discuss the long-time center-of-mass velocity as a direct measure of insulating behavior in the trap [55]. We compute

$$
\begin{equation*}
V_{\mathrm{CM}}(\infty) \equiv \lim _{\tau \rightarrow \infty} \frac{1}{\tau} \int_{\tau_{0}}^{\tau} d \tau^{\prime} V_{\mathrm{CM}}\left(\tau^{\prime}\right) \tag{10}
\end{equation*}
$$

where the limit $\tau \rightarrow \infty$ is understood to imply a long-time average such that the insulating states do not reach the center of the trap. We choose $\tau_{0}=20 \hbar / t$ to include only long times by avoiding integration over the short-time dynamics. We expect that $V_{\mathrm{CM}}(\infty)$ should vanish for both immobile states and for states that oscillate about the trap center because there is no net center-of-mass velocity for an oscillating state.

Figure 9 plots the long-time center-of-mass velocity in the trap as a function of $U$. Varying $U$ allows access to the superfluid, Bose glass, and Mott. We find that $V_{\mathrm{CM}}(\infty)$ is


FIG. 9. The disorder-averaged center-of-mass velocity at long times [Eq. (10)] plotted as a function of interaction strength. For weak interactions the entire system is in the superfluid (SF) phase, and frequent center-of-mass oscillations result in a zero net velocity. For intermediate interaction strengths the Bose glass (BG) lies in the trap center. Here the two-step edge flow mechanism depicted in the right panel of Fig. 1 allows a small but finite center-of-mass velocity. At large interaction strengths the center of the system is in the Mott regime (MI), where tunneling into the edge (and therefore the center-of-mass velocity) is strongly suppressed.
zero in the superfluid phase because the superfluid oscillates in the trap. But at long times the center of mass performs a slow drift in insulating phases, leading to a nonzero $V_{\mathrm{CM}}(\infty)$. The Bose-glass phase shows the largest velocity because the tunneling out of the bulk into the edge is the fastest here. But the large- $U$ Mott limit restricts tunneling into the edge to eventually stop center-of-mass motion.

The long-time center-of-mass velocity responds to disorder and trapping. We have checked that the center-of-mass velocity in the insulating phases is suppressed by increasing disorder or trapping frequency. Here strong disorder and trapping impact both processes depicted in the right panel of Fig. 1. They suppress tunneling out of the center into the edge while also restricting flow along the edge.

## V. SUMMARY

We have studied the zero-temperature trap dynamics of states prepared in a disordered Bose-Hubbard model. We have computed the center-of-mass velocity of a disordered superfluid, a disordered Mott insulator, and a Bose glass using Gutzwiller mean-field theory. While the superfluid exhibits damped oscillations for strong interaction strengths, the other two states are essentially motionless insulators at the trap center.

We find that the center-of-mass velocity of trapped insulators is dominated by the flow of edge states. We also find two time scales for the trapped insulators. At short time scales the edge superfluid flows around the insulating bulk to move the center of mass. But at longer time scales, tunneling out of the bulk to the edge establishes a slow drift of the center of mass.

Our results can be used to identify insulating states in trapped optical lattices. We find that, at long times, the edge flow around the Bose glass can lead to center-of-mass velocities that are much larger than in the Mott. We have studied parameter regimes that are similar to what has been explored in experiments. In Ref. [24], for example, experiments were done using a speckle disorder potential applied to ${ }^{87} \mathrm{Rb}$ atoms in a cubic optical lattice. Here the Hubbard parameters were $t / U \sim 0.005-0.3$, and the trapping potential keeps the density near 1.4 at the trap center. The speckle disorder leads, most prominently, to an exponentially distributed on-site disorder potential in $\mu_{i}$ [56] which differs from our study. But finite-temperature effects should lead to the most important difference between our study and previous experiments. Our results have so far excluded finite-temperature effects while experiments [24] have been done in the regime $k_{\mathrm{B}} T \sim 3 t$.

As the next step we will include nonzero temperatures in the initial state. We expect that for very low temperatures, $k_{\mathrm{B}} T \ll t$, our $T=0$ results will be qualitatively similar. But for intermediate temperatures, $t \lesssim k_{\mathrm{B}} T<U$, thermally assisted tunneling out of the central insulators and into the edge will significantly enhance the center-of-mass velocity. Our results therefore offer a lower bound on the center-of-mass velocity.

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FIG. 10. Schematic showing sites of a lattice (dashes) along one direction filled up to site 1 with particles. Site 2 is an empty edge site. Tunneling from site 1 to site 2 is controlled with a potential $V$ at site 2 . The dotted line depicts the parabolic trapping potential which zeros the edge density.

## APPENDIX: TWO-SITE TUNNELING TIME

In this section we model the tunneling out of an insulating state at the trap center and into an edge state using a two-site effective model. Figure 10 shows part of a Mott insulator along one direction in the lattice. The curved line depicts the trapping potential, which eventually zeros the edge density. The trapping potential energy must be on the order of the interaction energy to zero the density.

We consider a two-site tunneling model Hamiltonian,

$$
\begin{equation*}
H_{2}=-t\left(b_{1}^{\dagger} b_{2}+b_{2}^{\dagger} b_{1}\right)+V b_{2}^{\dagger} b_{2} \tag{A1}
\end{equation*}
$$

where $V$ is the relative energy gap between the two sites. $V$ is a fitting parameter on the order of the Mott gap.

Solving the Schrödinger equation, we obtain the population on site 2,

$$
\begin{equation*}
n_{2}=\frac{2 t^{2}}{4 t^{2}+V^{2}}\left\{\cos \left[\sqrt{4 t^{2}+V^{2}}(\tau / \hbar)\right]-1\right\} \tag{A2}
\end{equation*}
$$

The tunneling rate from site 1 to site 2 can then be defined as

$$
\begin{equation*}
\Gamma=\max _{\tau} \frac{d n_{2}}{d \tau}=\frac{2 t^{2}}{\hbar \sqrt{4 t^{2}+V^{2}}} \tag{A3}
\end{equation*}
$$

$\Gamma$ gives correct limits: $\Gamma \rightarrow t$ for $V \rightarrow 0$ and $\Gamma \rightarrow 0$ for $V \rightarrow \infty$.

Using $\Gamma$ as an estimate for the tunneling rate out of the central insulator, we can estimate the order of magnitude of


FIG. 11. Comparison of the center-of-mass velocity at long times between the estimate of the two-site model and numerical simulations for various interaction strengths.
the center-of-mass velocity. Once the particle tunnels out of the center, it then travels along the edge a distance $l$. The center-of-mass velocity in this approximation becomes

$$
\begin{equation*}
v=\frac{\Gamma l}{N}=\frac{2 t^{2} l}{N \hbar \sqrt{4 t^{2}+V^{2}}} \tag{A4}
\end{equation*}
$$

where $N$ is the total particle number in the trap. To compare this estimate with our simulations we substitute appropriate parameters. The fitting parameter of the gap $V$ is chosen to be the Mott gap $U$. Figure 11 shows that the results obtained from the two-site model are of the same order of magnitude as simulations.
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